

## OVERVIEW AND SCRUTINY MANAGEMENT BOARD

**Date and Time :-** Tuesday, 2 April 2019 at 5.00 p.m.  
**Venue:-** Town Hall, Moorgate Street, Rotherham.  
**Membership:-** Councillors Brookes, Cowles, Cusworth, Evans, Keenan, Mallinder, Napper, Sansome, Short, Steele (Chair) Walsh and Wyatt.

This meeting will be webcast live and will be available to view [via the Council's website](#). The items which will be discussed are described on the agenda below and there are reports attached which give more details.

Rotherham Council advocates openness and transparency as part of its democratic processes. Anyone wishing to record (film or audio) the public parts of the meeting should inform the Chair or Democratic Services Officer of their intentions prior to the meeting.

### AGENDA

1. Welcome from Councillor Steele, Chair of the Overview and Scrutiny Management Board
2. Apologies for Absence
3. Response to Recommendations from Rotherham Youth Cabinet's Children's Commissioner Takeover Challenge Spotlight Review on Work Experience (Pages 1 - 7)
4. Introduction and presentation from Rotherham Youth Cabinet - Young Carers (Pages 8 - 18)

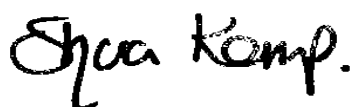
*Rotherham Youth Cabinet and Young Carers to present*

5. Question and Answer Session with Officers and Partners

### For information

6. Briefing for Children's Commissioner's Takeover Challenge - Young Carers (Pages 19 - 35)
7. Date and time of next meeting

The next meeting of the Overview and Scrutiny Management Board will be held on Wednesday 10 April 2019 at 11.00 a.m. in Rotherham Town Hall.



SHARON KEMP,  
Chief Executive

## **Summary Sheet**

### **Committee Name and Date of Committee Meeting**

Cabinet – 18 March 2019

### **Report Title**

Response to Recommendations from Rotherham Youth Cabinet's Children's Commissioner Takeover Challenge Spotlight Review on Work Experience

### **Is this a Key Decision and has it been included on the Forward Plan?**

No, but it has been included on the Forward Plan

### **Strategic Director Approving Submission of the Report**

Jon Stonehouse, Strategic Director of Children and Young People's Services

### **Report Author(s)**

Jon Stonehouse, Strategic Director of Children and Young People's Services  
01709 334162 or jon.stonehouse@rotherham.gov.uk

### **Ward(s) Affected**

Borough-wide

### **Summary**

This report responds to the findings and recommendations from a spotlight review undertaken by Rotherham Youth Cabinet under the auspices of the Children's Commissioner's Takeover Challenge regarding improving access to work experience opportunities for all young people in Rotherham.

The report and recommendations were submitted to Council in July 2018.

Under the Overview and Scrutiny Procedure Rules, the Cabinet is required to respond to any recommendations made by scrutiny and this report is submitted to meet that requirement.

### **Recommendations**

1. That the Cabinet's response to the spotlight review of work experience undertaken by the Rotherham Youth Cabinet be approved.

### **List of Appendices Included**

Appendix A Cabinet's Response to the Spotlight Review of Work Experience by Rotherham Youth Cabinet

**Background Papers**

Report of the Overview and Scrutiny Management Board – Spotlight Review of Work Experience by Rotherham Youth Cabinet

**Consideration by any other Council Committee, Scrutiny or Advisory Panel**

Overview and Scrutiny Management Board – 2 April 2019

Council – 22 May 2019

**Council Approval Required**

No

**Exempt from the Press and Public**

No

## **Response to Recommendations from Rotherham Youth Cabinet's Children's Commissioner Takeover Challenge Spotlight Review on Work Experience**

### **1. Background**

- 1.1 The review report presented the findings of spotlight review which Members of Rotherham Youth Cabinet had undertaken into work experience opportunities for young people across the borough.
- 1.2 As part of the Council's continuing commitment to the Children's Commissioner's Takeover Challenge, each year the Overview and Scrutiny Management Board supports Rotherham Youth Cabinet in undertaking a focused piece of work on a topic chosen by the young people. The takeover challenge is a national initiative where children and young people take over an organisation or meeting and assume management/leadership roles. Rotherham Youth Cabinet chose work experience as the theme for last year's takeover challenge, as it was one of the key priorities in their manifesto for 2018, emerging as the key issue in the UK Youth Parliament "Make Your Mark" results for Rotherham.
- 1.3 The review report was submitted to Council on 25 July 2018, which represented the formal publication of the report. Under the Overview and Scrutiny Procedure Rules, the Cabinet is required to respond to any recommendations made by scrutiny and this report is submitted to meet that requirement.

### **2. Key Issues**

- 3.1 There are three main recommendations arising from the review, which are detailed in Appendix A. The schedule provides detail in respect of whether the recommendations are agreed, not agreed or deferred. Where recommendations are agreed, the schedule details what action will be taken, by when and who will be responsible.

### **4. Options considered and recommended proposal**

- 4.1 The recommendations from the Youth Cabinet will be incorporated into the actions arising from the implementation of the Employment and Skills Plan. Updates will be provided to the Youth Cabinet bi-annually.

### **5. Consultation**

- 5.1 Consultation has taken place with the Youth Cabinet.

### **6. Timetable and Accountability for Implementing this Decision**

- 6.1 The Cabinet's response may be implemented following the expiry of the call-in period from 29 March 2019.
- 6.2 The Strategic Director of Regeneration and Environment will be accountable for the delivery of the actions identified in Appendix 1.

## **7. Financial and Procurement Advice and Implications**

- 7.1 There are no financial implications arising from this report as it is anticipated that proposals can be met from existing resources.

## **8. Legal Advice and Implications**

- 8.1 There are no legal implications arising directly from this report, but schools are required to comply with all relevant legislation and the recent statutory guidance relating to the duties regarding careers guidance.

## **9. Human Resources Advice and Implications**

- 9.1 There are no human resources implications associated with this report.

## **10. Implications for Children and Young People and Vulnerable Adults**

- 10.1 The intention of the review and the Cabinet's response was to impact positively on young people, through enhancing opportunities for work experience to develop skills and practical experience.

## **11 Equalities and Human Rights Implications**

- 11.1 The recommendations aim to bring about a positive contribution to promoting equality through improving the offer for all young people. Specific needs of students with mental health needs and/or Special Educational Needs and Disability, in both mainstream and special schools, need to be taken into account in planning activity.

## **12. Implications for Partners**

- 12.1 There are a number of implications for partners, however the majority of these will be addressed within the Rotherham Employment and Skills Plan. In addition, there will be implications for schools and businesses in supporting the actions agreed following the recommendations from the Youth Cabinet.

## **13. Risks and Mitigation**

- 13.1 The proposed response to the Youth Cabinet details the importance of the Rotherham Employment and Skills Plan. This document will serve to assist in the mitigation of risks that may arise from the acceptance of the recommendations from the Youth Cabinet. It is anticipated that the Overview and Scrutiny Management Board will maintain oversight of the implementation of the agreed actions and provide challenge in respect of risks that may arise.

**14. Accountable Officer(s)**

Jon Stonehouse, Strategic Director of Children and Young People's Services  
Paul Woodcock, Strategic Director of Regeneration and Environment

Approvals obtained on behalf of:-

	<b>Named Officer</b>	<b>Date</b>
Chief Executive	Sharon Kemp	03.03.2019
Strategic Director of Finance & Customer Services	Judith Badger	28.02.2019
Assistant Director of Legal Services	Stuart Fletcher	28.02.2019
Head of Procurement (if appropriate)	Karen Middlebrook	18.02.2019
Assistant Director of Human Resources and Organisational Development (if appropriate)	Amy Leech	19.02.2019

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01709 334162 or [jon.stonehouse@rotherham.gov.uk](mailto:jon.stonehouse@rotherham.gov.uk)*

This report is published on the Council's website or can be found at:-  
<http://moderngov.rotherham.gov.uk/ieDocHome.aspx?Categories=>

## Cabinet's Response to Spotlight Review of Work Experience by Rotherham Youth Cabinet

Recommendation	Cabinet Decision (Accepted/ Rejected/ Deferred)	Cabinet Response (detailing proposed action if accepted, rationale for rejection, and why and when issue will be reconsidered if deferred)	Officer Responsible	Action by (Date)
<p>1. That RMBC, schools and partners work together to develop an improved offer of work experience, interaction with employers and volunteering opportunities for all young people from 2019. This should take account of the following recommendations made by Rotherham Youth Cabinet:-</p> <ul style="list-style-type: none"> <li>(a) Have a system so that all young people can have work experience.</li> <li>(b) Make work experience count.</li> <li>(c) Have quality control for work experience offered – ensuring consistency and high standards.</li> <li>(d) Publicise available work experience in schools.</li> <li>(e) All schools to deliver work experience.</li> <li>(f) Wider sector of jobs included in work experience opportunities.</li> <li>(g) Have more support for young people with disabilities.</li> <li>(h) Support for young people doing work experience including expenses if needed.</li> <li>(i) Carry out regular research to ensure young people are not forgotten about – ensuring opportunities regardless of demographics or background.</li> <li>(j) Share positive practice from school-to-school and between employers</li> </ul>	Accepted	<p>The Council will support the Youth Cabinet to influence Government to support schools to deliver high quality work experience. In Rotherham the Council will work with partners, via the Employment and Skills Board and Rotherham Education Strategic Partnership to implement the Employment and Skills Plan.</p> <p>The recommendations a)-(j) are currently not all contained within national education policy. In addition to supporting the Youth Cabinet to influence central government, we will seek to influence partners locally via the Employment and Skills Plan which is currently going through a period of consultation and is expected to be presented to Cabinet in Spring 2019.</p> <p>The Plan identifies the following issue:</p> <ul style="list-style-type: none"> <li>• Young people are unaware of opportunities available to them within the borough</li> </ul> <p>Then sets out aims of:</p> <ul style="list-style-type: none"> <li>• Providing careers and education advice</li> <li>• engaging with primary schools to raise awareness of career opportunities</li> <li>• promoting apprenticeships as a career choice for young people</li> </ul> <p>The following relevant strategic aims and priorities are identified: Improved skill levels underpin strong and sustainable economic and employment growth, while supporting an increase in the levels and quality of employment for local residents. To achieve this, Rotherham partners will seek to deliver activities which:</p> <ul style="list-style-type: none"> <li>I. <b>Support Rotherham residents to secure good jobs and to progress within their careers.</b></li> <li>II. <b>Provide specific tailored support to those people and groups facing (multiple) barriers to accessing employment and training opportunities.</b></li> </ul>	Simeon Leach / Pepe Diiasio	Following approval of the Employment and Skills Plan in April 2019.

		<p><b>III. Assist businesses to source and provide the training they need for their workforce, in order to maximise their future growth prospects</b></p> <p><b>IV. Develop enterprising young people, aware of the breadth of career and employment options and progression routes available to them (within Rotherham and the wider Sheffield City Region)</b></p> <p><b>V. Strengthen links between Rotherham's education providers and local employers.</b></p> <p>The recommendations from the Youth Cabinet (a) – (j) will be incorporated into the Skills Strategy Action Plan.</p>		
2. That any specific needs of young people with mental health needs and/or special educational needs and disability who are in mainstream schools are taken into account in developing the offer, as well as those of young people in special schools.	Accepted	The Employment and Skills Plan is applicable and relevant to the needs of all young people.	Simeon Leach	Following approval of the Employment and Skills Plan in April 2019.
3. That from 2019 onwards Rotherham Youth Cabinet receive updates twice a year from schools regarding progress with the new offer.	Accepted	Meetings with the Youth Cabinet are scheduled to ensure updates will be provided.	Simeon Leach	To be scheduled with Rotherham Youth Cabinet





# Young Carers

Page 8

*Overview Scrutiny Management Board Takeover Day 2019*



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Agenda Item 4



# What is Rotherham Youth Cabinet?



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# What is Rotherham Young Carers Council?



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## Our Manifesto Aim

We want to work alongside the Young Carers' Council to ensure young carers have the same opportunities as adult carers in accessing free activities whilst in their caring role.



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# Research



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## Fife, Scotland



The Leisure pass has different levels of permissions dependent on age:

- Under 14 – free swimming
- 14-17 - free gym and swim
- 18+ - free gym, swim, fitness suite and health classes.

'With this I am able to have some alone time when I need it, build up my self confidence and take time out of my caring role .I am able to go with my siblings and have some fun time with them instead of them sitting at home alone not able to go out because of constantly being at risk of ending up ill' – YAC, East Fife

'It has given me a positive weekly routine which has helped to give me a more positive outlook on life'  
 YC, West Fife

'I love it and it has encouraged me to go to the gym and given me a new hobby' YAC, Central Fife



## Luton



### Active Young Carers' Card

- The Card allows young carers aged 11-18 to take part in lots of different sports activities including swimming, badminton, table tennis, gym, footgolf and pitch and putt at a fraction of the standard cost.
- A young carer can take part in 10 activities for £1 each time (Card price £10 in total). When the card is finished, another one can be applied for with a maximum of 3 in total.





# Sheffield

## Pilot Project



- 19 young carers applied to participate in the free travel scheme, which was offered over four weeks of the holidays.
  - 35 weekly passes were activated, accessed by 18 individuals.
- 16 young people attended the Places for People open day and 11 applied for annual passes. 15 leisure sessions were accessed at their venues during the summer (6 swims, 3 gym sessions and 6 free tennis sessions).
- Feedback was received from eight young carers, who participated in the scheme, and a majority said the passes:
  - Helped them get a break from their caring ➤ Helped them feel less stressed ➤ Helped them see their friends more than normal ➤ Helped them do more exercise than normal ➤ Helped them feel healthier (in body or mind).
- Some also said the scheme helped their families feel less stressed.



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# Doncaster

## DNA Card



This card gives young carers:

- Discounts on High Street Brands
  - Itunes Discount
  - Money off train travel
- Access to discounted activities such as the cinema, skating and bowling

This card also allows young people to identify themselves as a Young Carer to teachers or professionals as well as allowing them to explain how they are feeling without words.



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# Questions



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## **Contact Us**

Rotherham\_YC



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## **Briefing for Children's Commissioner's Takeover Challenge - Young Carers**

### **1 Background**

The Young Carers theme for the Children's Commissioner's Takeover Challenge has been chosen as it links in with the Rotherham Youth Cabinet's (RYC) manifesto aim:

*"We want to work alongside the Young Carers' Council to ensure young carers have the same opportunities as adult carers in accessing free activities whilst in their caring role."*

Although this aim seeks parity with adult carers in terms of opportunities for free or discounted leisure activities, a further consideration raised by the young carers is with regard to respite from caring responsibilities and having fun as young people.

### **2 Context**

#### **Carers' Strategy**

*Caring Together The Rotherham Carers' Strategy 2016-2021* recognises that in Rotherham informal carers are a key part of the health and social care economy, and that enabling them to continue in this role is vital. It highlights the importance of identifying and supporting all carers, including young carers and hidden carers.

The following definition of a carer is used:

*"A carer is anyone who provides unpaid support to a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support."*

Within the strategy partners are working towards achieving six broad outcomes for carers, with three of these being in relation to young carers. There is a specific aim:

*"That every young carer in Rotherham is supported to have a positive childhood where they can enjoy life and achieve good outcomes."*

#### **Rotherham Young Carers Service**

This service is commissioned by the Council from Barnardo's and works with young people aged 8-18 years, offering guidance and support around issues for young carers and to stop inappropriate caring roles, and to reduce the negative impact caring roles have on a child or young person's ability to enjoy a healthy childhood. From the annual Rotherham Voice of the Child Lifestyle Survey in 2018 with year 7 and year 10 students, 47.2% of young carers had heard of the young carers' service, compared with 37.3% in 2017.

### **3 Facts about young carers (Source: Carers Strategy)**

Nationally

- 166,363 young carers in England, according to census data from May 2013
- 1 in 12 young carers are caring for more than 15 hours per week

- Around 1 in 20 young carers miss school because of their caring responsibilities
- Average annual income for families with a young carer is £5,000 less than families who do not have a young carer

In Rotherham

- 450 carers aged under 16, with 365 providing care for under 20 hours per week and 85 over 20 hours per week
- 1,549 carers aged 16-24, with 1,012 providing under 20 hours per week and 537 over 20 hours
- Of all carers aged under 25, 1,147 (57%) were female and 850 (43%) were male

#### **4 Support for Carers**

Many of the discounts or offers for carers are ones specifically for when they are undertaking their caring role, accompanying the person for whom they provide care. Eligibility criteria are frequently linked to benefits, for example Personal Independence Payment (PIP) or Disability Living Allowance (DLA).

- **Travel pass**  
If a disabled person meets the qualifying criteria on benefits they can apply for a special pass with a 'plus C' logo that allows one carer to travel with them for free within South Yorkshire. The carer can be a young carer.
- **CEA scheme**  
The CEA Card is a national card scheme developed for UK cinemas by the UK Cinema Association. It enables a disabled cinema goer to receive a complimentary ticket for someone to go with them when they visit a participating cinema.
- **Rotherham United**  
A concessionary price is offered to a supporter who qualifies for high rate DLA or enhanced PIP, plus an additional free carer if required.
- **Rothercard**  
This is a longstanding scheme but is currently undergoing an in-depth review, involving the Overview and Scrutiny Management Board. At present, providing certain eligibility criteria are met, Rothercard entitles people to a concessionary rate on a range of activities at the four leisure centres, Rotherham theatres and at selected leisure venues across South Yorkshire. A Junior Rothercard rate was also introduced on some sporting activities for under 16's.

Currently if people have a carer or paid personal assistant, they may apply for a 'One for One' sticker to be placed on the front of their Rothercard. This gives the carer free entry to leisure facilities and discounted rates at Rotherham Theatre when accompanying the person for whom they provide care.

There are local support groups for carers, primarily for adult carers, often linked to specific health conditions. These groups tend to meet during the day and may be

joint for carers and the people for whom they provide care, or carer peer groups. The Connect to Support Rotherham website and Voluntary Action Rotherham Gismo directory contain information for carers and details of local groups. Examples of activities offered include coffee mornings, day trips, craft sessions, guided walks, nail painting, exercise sessions, evening meals out for all the family and complementary therapies. No information is included regarding any costs for these activities.

## **5 Opportunities for Young Carers**

Some of the initiatives mentioned above are already available for young carers to access.

It is also interesting to be aware of what is taking place in other areas to support young carers and the powerpoint presentation refers to several examples. For example in Doncaster, in addition to term-time social groups and activities in the school holidays for young carers, there is the DNA card. Every family with a child registered as a young carer will receive a free DNA card which provides access to a range of specialist discounts from the local high street and national brands. Besides the family card, each young carer is given their own card which has an image of a traffic light on the back. This allows the young person to tell someone how they are feeling if they do not feel like talking at that time.

Attached in the Appendix are more details about the recent initiative in Fife (running until the end of March 2019) and the summer holiday pilot in Sheffield that RYC have researched.

## **6 Aims of this session**

This session will be an opportunity to explore with partner agencies what might be possible either to extend to young carers (if not already included) or to develop for young carers.

It might include linking in with other activities already taking place, for example through Rotherham's sport and leisure activity providers. Rotherham libraries already provide activity sessions for children and young people including school holiday and after school reading and craft activities, lego clubs, code clubs and reading groups and this could be another potential area to explore further.

Budget and resource implications of any potential initiatives would need to be calculated and considered by the Council and partners before developing any initiatives.

**Contact:** Janet Spurling, Scrutiny Officer  
[janet.spurling@rotherham.gov.uk](mailto:janet.spurling@rotherham.gov.uk) Tel: 01709 254421

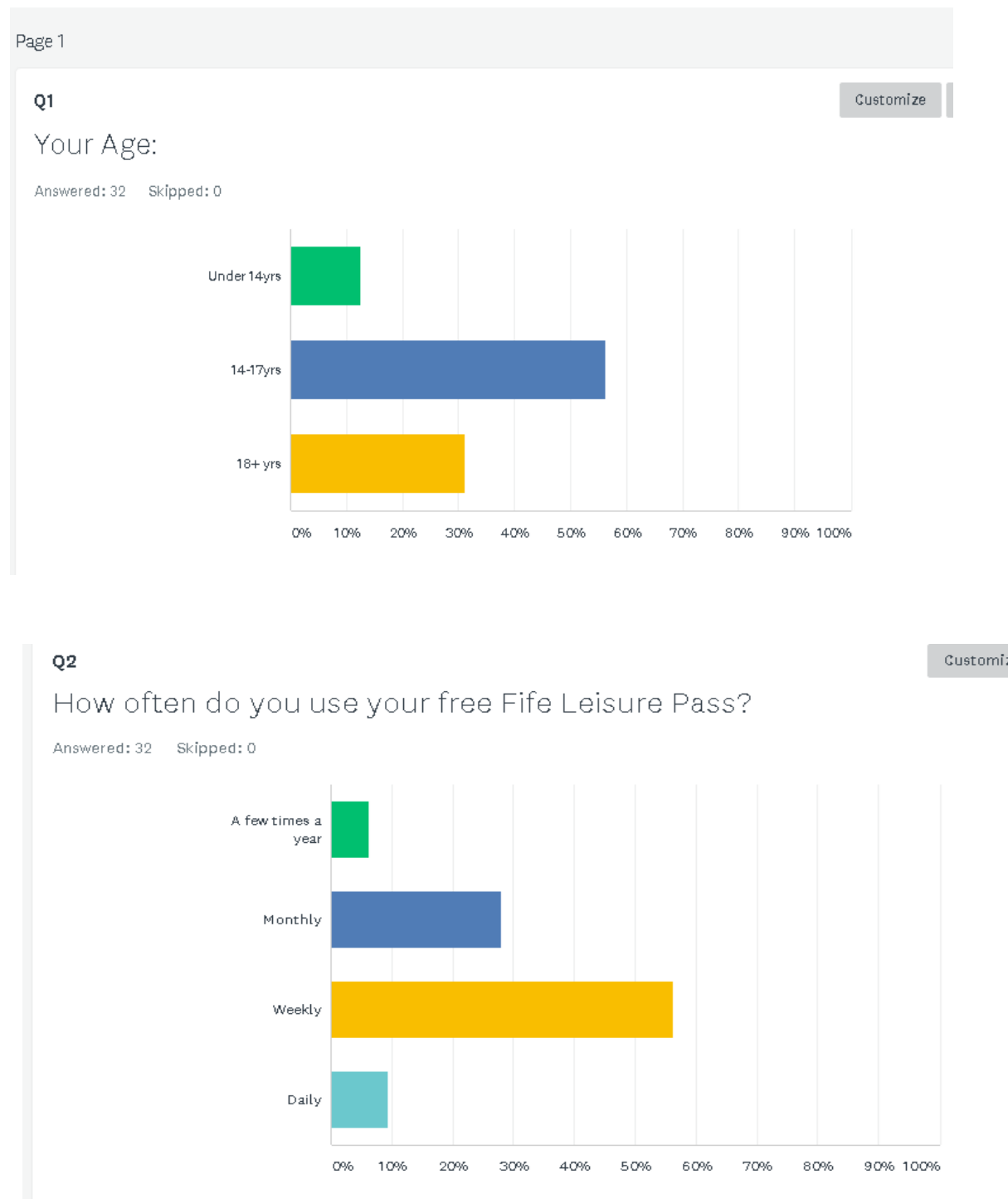
## Appendix A Fife - Young Carers Initiative

In Fife, Scotland, Young Carers have access to a free leisure pass and this scheme has been running for 3 years. The Leisure pass has different levels of permissions dependent on age:

- Under 14 – free swimming
- 14-17 - free gym and swim
- 18+ - free gym, swim, fitness suite and health classes

They regularly carry evaluations in order to see the passes effectiveness.

Fife Sports and Leisure Trust – Free access to leisure facilities feedback

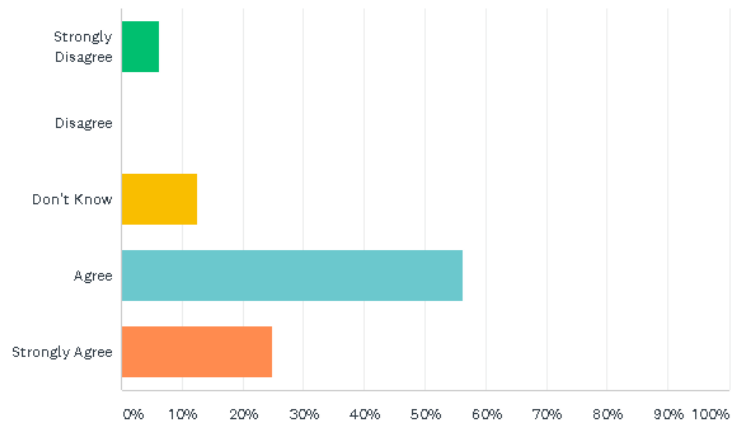


Q3

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Has the Fife Leisure Pass encouraged you to be more physically active?

Answered: 32 Skipped: 0

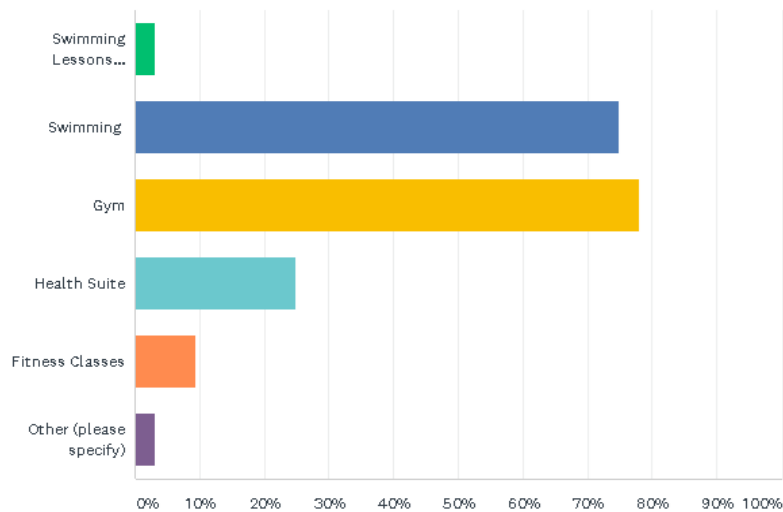


Q4

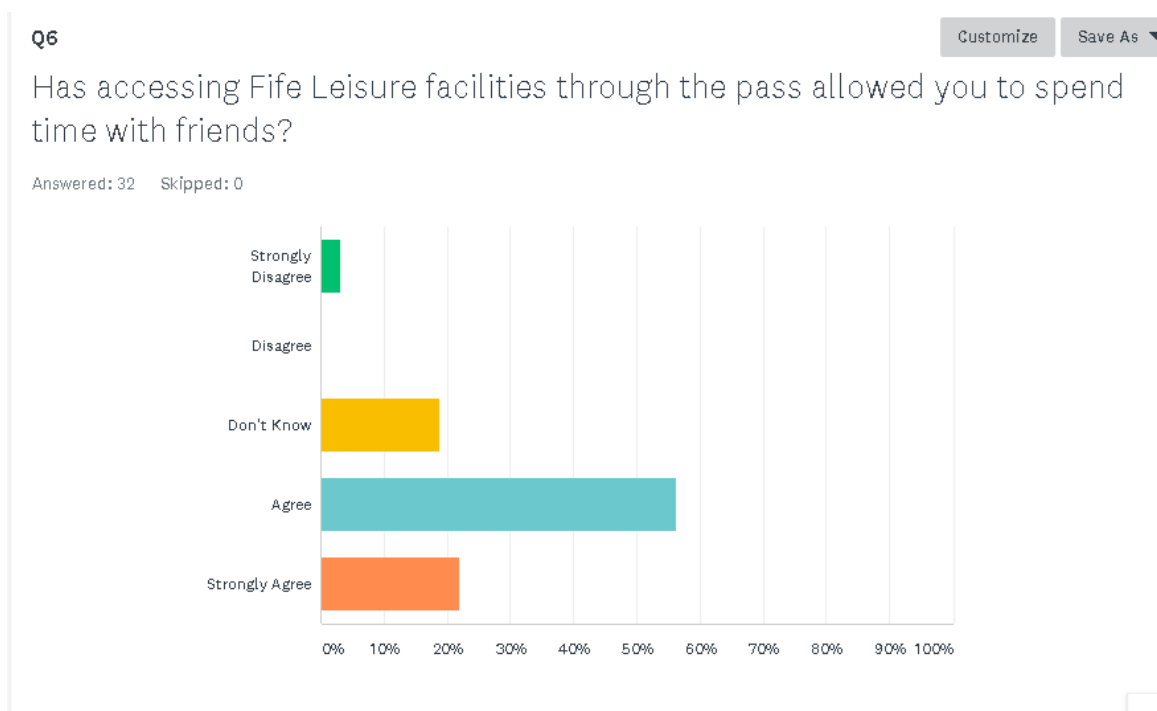
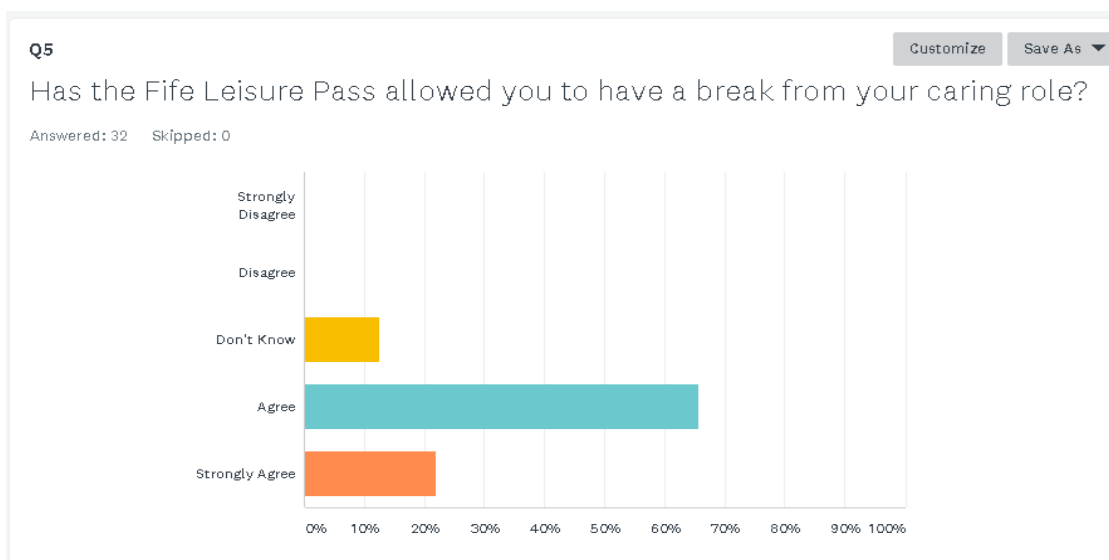
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What Activities have you accessed through the Fife Leisure Pass? (You can choose more than one)

Answered: 32 Skipped: 0







## Quotes –

'With this I am able to have some alone time when I need it, build up my self confidence and take time out of my caring role, my family also have passes due to other reasons and I am able to go with my siblings and have some fun time with them instead of them sitting at home alone not able to go out because of constantly being at risk of ending up ill' – YAC, East Fife

'It has given me a positive weekly routine which has helped to give me a more positive outlook on life' YC, West Fife

'I love it and it has encouraged me to go to the gym and given me a new hobby' YAC, Central Fife

## Young Carers Travel and Leisure Access Pilot, Summer 2018

### Summary report

**Aim of the pilot:** To increase access to respite for young carers in Sheffield.

**Background and methodology:**

Sheffield Young Carers (SYC) support children and young people aged 8-25 who live in Sheffield and provide care for one or more family members who have disabilities, long-term physical or illness, and/or substance misuse issues.

The impact of caring on young people's physical and mental health has long term consequences:

- 48% of young carers said their caring role made them feel stressed and 44% said it made them feel tired<sup>1</sup>
- 39% of young adult carers rated their physical health as either 'Just OK' or 'Poor'<sup>2</sup>
- 45% of young adult carers reported having mental health problems.<sup>3</sup>

After meeting with young carers from SYC's Action Group (the local charity's voice and influence group for young carers) in November 2017, MP for Sheffield Heeley Louise Haigh agreed to take forward two of their key concerns: the high travel costs that young carers face due to all the extra appointments and caring tasks they have to do; and the limited chances they have to get a break and enjoy leisure time like other children their age.

Louise worked with Cabinet Member for Culture, Parks and Leisure, Councillor Mary Lea, to involve a range of key partners to see what could be done. In response, and in recognition of how hard school holidays can be for young carers<sup>4</sup>, Places for People and Sheffield International Venues (SIV) put on activity days for young carers in June 2018 and also offered SYC members free swimming, tennis and ice skating during the six-week summer holidays, as well as discounted leisure access for a whole year. South Yorkshire Passenger Transport Executive (SYPT) also offered free bus and tram travel to SYC members during the school summer holidays. Two schools, Firth Park Academy and Meadowhead School, agreed to be involved in the pilot to explore ways to increase access to respite for young carers who are not SYC members.

**Pilot partners:**

- Sheffield Young Carers
- Louise Haigh MP
- Sheffield City Council
- South Yorkshire Passenger Transport Executive
- Places for People
- Sheffield International Venues
- Firth Park Academy
- Meadowhead School

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<sup>1</sup> Invisible and In Distress: Prioritising the Mental Health of England's Young Carers (Carers Trust 2016)

<sup>2</sup> Young Adult Carers at College and University (Carers Trust and The University of Nottingham, 2014)

<sup>3</sup> The Mental Health of Young Carers and Young Adult Carers (Carers Trust 2016)

<sup>4</sup> 72% of young carers feel lonely and isolated during school holidays (Action for Children & Carers Trust, 2018)

## Key findings:

- 19 young carers applied to participate in the free travel scheme, which was offered over four weeks of the holidays.
- 35 weekly passes were activated, accessed by 18 individuals.
- 16 young people attended the Places for People open day and 11 applied for annual passes. 15 leisure sessions were accessed at their venues during the summer (6 swims, 3 gym sessions and 6 free tennis sessions).
- 9 young people attended the SIV open day and 23 applied for annual passes.
- Young carers who participated in the leisure and/or travel schemes were invited to complete a survey to share their feedback.
- Eight young carers responded and a majority said the passes:
  - Helped them get a break from their caring
  - Helped them feel less stressed
  - Helped them see their friends more than normal
  - Helped them do more exercise than normal
  - Helped them feel healthier (in body or mind).
- Some also said the scheme helped their families feel less stressed.
- Comments included:
  - “Nice and easy to use”
  - “It makes me want to swim”
  - “Thanks”.
- For a full breakdown of the survey results, see Appendix 1, p5.

## Limitations and learning:

- **Accessing the SYPTE portal:** SYC was given access to the SYPTE portal. As this was a new system, however, the set-up time meant the scheme could not start until two weeks into the school holidays. Passes then had to be added manually to each young person’s Mega Travel or 16-19 passes by SYC staff on a weekly basis. Young people were then texted to confirm it had been added to their travel pass. Adding the passes took time for SYC to administer but, with only small numbers of young carers accessing the pilot, this was provided free of charge. Administration time would need to be funded, however, if the scheme was to be rolled out more widely.
- **Getting the passes to young carers:**

Travel passes: For the travel passes to work, young people needed to have a Mega Travel or 16-19 smart travel pass. Some did not have these or have the identification needed to get one, so this meant delays in issuing passes to them.

Leisure passes: Due to technical issues, some young carers were not issued with leisure passes on the open day visits to leisure venues. SYC then sent a letter offering the travel and leisure passes more widely but, due to the health needs or chaotic lifestyles of young carers’ families, it is often difficult to get forms signed and returned by post. This meant, of the 150+ young carers who were offered the scheme, very few took it up. The short timescales and limited staff capacity at SYC meant they were unable to contact families individually to follow this up. There were also some misunderstandings between SYC, SIV and Places for People about which young carers would get passes for which venues.

- **Activating the travel passes:** Young carers had to activate the travel passes at one of four interchanges (Arundel Gate, Sheffield Interchange, Hillsborough or Meadowhall). Some young carers reported that weekly activation was a barrier for them.

***Anything that would make the scheme work better for you?***

- “Would have been easier if I didn't have to go do every week to have it activated”
- “Only had it for one week as I couldn't get to town after to get it activated”
- “Only having to activate it once rather than to go down every week”
- “I think if it were possible that you didn't have to activate the card that would be quite good”.

- **Caring responsibilities:** Feedback from young carers highlighted that many wanted to access the leisure activities on offer but could not due to their caring responsibilities.

***If you didn't use the passes, please tell us why not:***

- “I didn't have time to do much activities”
- “Because I was busy taking care of the cared one”
- “I didn't because I had no chance to”.

Even with limited take-up, however, young carers still reported feeling less stressed, feeling healthier, and doing more exercise as a result of the scheme.

- **Linking with schools:** Two schools agreed to be part of the pilot. The short timescales before the summer holidays, some miscommunication about open day dates, and changes in school personnel, however, meant only a small number of young carers from the participating schools were able to access the leisure scheme.

### **Next Steps: Actions agreed at pilot review meeting**

- Sheffield City Council has agreed to fund discounted leisure passes for 200 young carers accessing SYC (£3 per pass).
- Places for People will issue 200 passes to SYC.
- Places for People and SYC will review the leisure pass application form to make it clear that it can be used to get discounts across all Places for People and SIV venues.
- SYC will offer the passes to every new young carer joining the service on their initial referral home visit, so that the form can be signed by the parent and the passes issued directly to them face-to-face.
- SYC will then send the forms to Graves Leisure Centre to be added to their system, writing the allocated pass number on each form.
- Young carers can have their photo added to the Places for People and SIV system record on their first visit to the centres.
- Places for People will explore the possibility of offering one-off family swim passes during a school holiday for SYC members (this was raised by young carers as an idea to make the scheme more accessible and beneficial as some cannot go out without family).
- SYPTE have agreed to fund bus/tram travel during February half term for SYC members, up to the amount they have left from their allocated budget for the summer pilot. SYC will administer this.
- SYPTE are launching a monthly pass which would make activation less frequent if the scheme was offered again over longer periods in the future.
- SYPTE may explore developing a new zero fare pass for young carers but this is a time-consuming and costly process so is not possible in the near future and would require external

funding from councils across South Yorkshire (it would need to be available across all the areas they operate in, not just Sheffield).

- SYC are planning to present a petition for free travel and key findings from this pilot to a Full Council meeting in February to see whether Sheffield City Council can fund a wider roll out of this scheme. (See Appendix 2, p11 for costing options).
- If the scheme was rolled-out more widely, SYC could not administer this as many young carers in the city do not access their service. Sheffield City Council would need to explore a centralised system for administering the scheme. Young carers would need to provide evidence of their caring role. Partners felt a Young Carers Assessment would work for this.

## Appendix 1:

## Sheffield Young Carers: Free travel and leisure survey

1. In summer 2018, we were offered free travel and free/discounted access to leisure centres for young carers in SYC. We hope we can offer this again but want to find out what you thought of it first. As someone who applied for the travel and leisure passes, it would really help us if you could complete our short online survey by Wednesday 12th December. It should only take you 5-10 minutes and we'll enter you into our free prize draw to win a £10 High Street gift voucher for taking part! (You must complete it by 12th December to be entered into the prize draw) The results of this survey will help us to see whether free travel and leisure activities made a difference to you, so we can show this to the companies who gave us the passes and see if they can offer it again. Would you like to be entered into a free prize draw for a £10 High Street voucher?

							Response Percent	Response Total
1	Yes						87.50%	7
2	No						12.50%	1
Analysis	Mean:	1.12	Std. Deviation:	0.33	Satisfaction Rate:	12.5	answered	8
	Variance:	0.11	Std. Error:	0.12			skipped	0

## 2. About you

2. If you want to, please provide your contact details. Please note: This is optional but if you don't give us your contact details then we can't enter you into the voucher prize draw.

							Response Percent	Response Total
1	Name						100.00%	7
2	Date of birth						100.00%	7
3	Postcode						100.00%	7
							answered	7
							skipped	1

## 3. Free bus and tram travel

3. Did you use the free travel passes this summer?

							Response Percent	Response Total
1	Yes						87.50%	7
2	No						12.50%	1
Analysis	Mean:	1.12	Std. Deviation:	0.33	Satisfaction Rate:	12.5	answered	8
	Variance:	0.11	Std. Error:	0.12			skipped	0

**4. If you used the travel passes, please rate the following on a scale of 0-10(0 = not at all, 10 = a lot / very)**

	0	1	2	3	4	5	6	7	8	9	10	I did not use the travel passes	Response Total
The free travel pass helped me get a break from my caring	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	12.5% (1)	12.5% (1)	25.0% (2)	12.5% (1)	25.0% (2)	12.5% (1)	8
The free travel pass helped me see my friends more than normal	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	12.5% (1)	12.5% (1)	12.5% (1)	50.0% (4)	12.5% (1)	8
The free travel pass helped me feel less stressed	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	12.5% (1)	12.5% (1)	12.5% (1)	0.0% (0)	50.0% (4)	12.5% (1)	8
The free travel pass helped my family feel less stressed	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	12.5% (1)	12.5% (1)	0.0% (0)	25.0% (2)	0.0% (0)	37.5% (3)	12.5% (1)	8
The free travel pass helped me complete caring tasks more easily	25.0% (2)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	12.5% (1)	25.0% (2)	25.0% (2)	12.5% (1)	8
The free travel pass was easy to activate	0.0% (0)	0.0% (0)	12.5% (1)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	12.5% (1)	0.0% (0)	62.5% (5)	12.5% (1)	8
												answered	8
												skipped	0
Please tell us why: (4)													
1	07/12/2018 12:08 PM		I didn't need to care out of the house but it helped me see my friends more often than i was seeing them. It was easy to activate and worked very well.										
2	07/12/2018 12:22 PM		Na										
3	07/12/2018 12:46 PM		Nice and easy to use										
4	07/12/2018 13:50 PM		Would have been easier if I didn't have to go do every week to have it activated										

### 5. If you didn't use the passes, please tell us why not (or write 'I did' if you did)

			Response Percent	Response Total
1	Open-Ended Question		100.00%	8
1	07/12/2018 12:08 PM	I did		
2	07/12/2018 12:13 PM	Didn't get one		
3	07/12/2018 12:22 PM	I did		
4	07/12/2018 12:46 PM	I did		
5	07/12/2018 13:50 PM	I did but only had it for 1 week as I couldn't get into town after to get it activated		
6	07/12/2018 15:00 PM	I did		
7	07/12/2018 16:00 PM	I did		
8	07/12/2018 18:09 PM	I did		
			answered	8
			skipped	0

### 6. If we could offer free travel in the future, is there anything that would make it work better for you?

			Response Percent	Response Total
1	Open-Ended Question		100.00%	8
1	07/12/2018 12:08 PM	No		
2	07/12/2018 12:13 PM	I'm not sure. I can't travel safely on my own. My mum takes me everywhere		
3	07/12/2018 12:22 PM	No		
4	07/12/2018 12:46 PM	Free for 1 or both parent/guardian too		
5	07/12/2018 13:50 PM	Only having to activate it once rather than having to go down every week		
6	07/12/2018 15:00 PM	No I think they were perfect		
7	07/12/2018 16:00 PM	Nothing		
8	07/12/2018 18:09 PM	I think if it were possible to make it so you didn't have to activate the card that would be quite good		
			answered	8
			skipped	0



## 4. Free and discounted leisure activities

7. Did you use the free leisure pass this summer?									
								Response Percent	Response Total
1	Yes			<div></div>				37.50%	3
2	No			<div></div>				62.50%	5
Analysis	Mean:	1.62	Std. Deviation:	0.48	Satisfaction Rate:	62.5		answered	8
	Variance:	0.23	Std. Error:	0.17				skipped	0

8. If you used the leisure pass, please rate the following on a scale of 0-10 (0 = not at all, 10 = a lot)													
	0	1	2	3	4	5	6	7	8	9	10	I did not use the leisure pass	Response Total
The free leisure pass helped me get a break from my caring	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	37.5% (3)	62.5% (5)	8
The free leisure pass helped me do more exercise than normal	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	37.5% (3)	62.5% (5)	8
The free leisure pass helped me feel healthier (in my body or my mind)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	37.5% (3)	62.5% (5)	8
The free leisure pass helped my family feel better	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (0)	12.5% (1)	0.0% (0)	25.0% (2)	62.5% (5)	8
												answered	8
												skipped	0
Please tell us why: (3)													
1	07/12/2018 12:13 PM			Did loads of stuff but not at places that I know of that I could use my leisure pass. Will be using it over the next few months though									
2	07/12/2018 12:22 PM			Ms									
3	07/12/2018 12:46 PM			It makes me want to swim									

**9. If you didn't use the passes, please tell us why not (or write 'I did' if you did)**

			Response Percent	Response Total
1	Open-Ended Question		100.00%	8
1	07/12/2018 12:08 PM	I was away for most of the summer so didn't need to use it.		
2	07/12/2018 12:13 PM	Just didn't go to any places that I could use it I don't think		
3	07/12/2018 12:22 PM	I did		
4	07/12/2018 12:46 PM	I did		
5	07/12/2018 13:50 PM	I didn't have time to do much activities		
6	07/12/2018 15:00 PM	I did		
7	07/12/2018 16:00 PM	Because I was busy taking care of the cared one		
8	07/12/2018 18:09 PM	I didn't because I had no chance to		
			answered	8
			skipped	0

**10. If we could offer free and discounted leisure activity passes in the future, is there anything that would make it work better for you?**

			Response Percent	Response Total
1	Open-Ended Question		100.00%	8
1	07/12/2018 12:08 PM	No		
2	07/12/2018 12:13 PM	I don't know		
3	07/12/2018 12:22 PM	No		
4	07/12/2018 12:46 PM	Discount for family member with me too		
5	07/12/2018 13:50 PM	Maybe having a family swim etc one week to get the whole family out for the day have it loaded onto to pass so it can be used at anytime they wanted		
6	07/12/2018 15:00 PM	If there were more activities on the pass. The swimming for free was great		
7	07/12/2018 16:00 PM	Nothing		
8	07/12/2018 18:09 PM	No		
			answered	8
			skipped	0

### 11. Is there anything else you would like to tell us?

			Response Percent	Response Total
1	Open-Ended Question		100.00%	5
1	07/12/2018 12:13 PM	Thanks		
2	07/12/2018 12:22 PM	No		
3	07/12/2018 12:46 PM	Young carers has changed my life. I met new friends like me and got to do so many fun things		
4	07/12/2018 16:00 PM	No		
5	07/12/2018 18:09 PM	No		
			answered	5
			skipped	3

## Appendix 2: Costing options for roll-out of free travel scheme for young carers

### Option 1: Free travel for all young carers in Sheffield for one year

28 day Get About Pass - £33.20 x 12 months = £398.40

X 7,300 young carers in in Sheffield<sup>5</sup>

TOTAL: £2,908,320 plus administration costs to include estimated 2 FTE staff

### Option 2: Free travel for all young carers in Sheffield during school holidays (the most isolated and difficult times for young carers)

Weekly Pass – £8.30 x 13 weeks = £107.90

X approx. 7,300 young carers in Sheffield

TOTAL: £787,670 plus administration costs to include estimated 2 FTE staff

### Option 3: Free travel for young carers accessing SYC during their 12 months in the service

28 day Get About Pass - £33.20 x 12 months = £398.40

X 100 SYC members aged 12+ (younger members unlikely to be able to travel independently)

TOTAL: £39,840 plus administration costs to include estimated 0.1 FTE staff

### Option 4: Free travel for young carers accessing SYC during school holidays in their 12 months in the service

Weekly Pass – £8.30 x 13 holiday weeks = £107.90

X 100 SYC members aged 12+ (younger members unlikely to be able to travel independently)

TOTAL: £10,790 plus administration costs to include estimated 0.1 FTE staff

### Option 5: Free travel for young carers accessing SYC during the six-week summer holidays in their 12 months in the service

Weekly Pass – £8.30 x 6 summer holiday weeks = £49.80

X approx. 100 SYC members aged 12+

TOTAL: £4,980 plus administration costs to include estimated 0.1 FTE staff

### Option 6: Development of a zero fare pass where travel companies invoice for any completed journeys using the pass.

Further research would need to be done to measure the average number of journeys young people take using the passes. This would then show whether the costs of developing and funding zero fare passes for young carers would be more cost effective than issuing weekly / monthly passes.

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<sup>5</sup> This is an estimate based on BBC research that found 1 in 12 children and young people have caring responsibilities. Many young carers do not identify as carers and therefore only a small proportion of this figure would be likely to access the scheme.